



SR-7A GW/Jeff TrailCrew Fall 2010

hosted by Shenandoah Lodge 258

Friday, October 15, 2010 - Sunday, October 17, 2010
 Matthews Park in Clifton Forge, Virginia

\$25 per person



SR-7A GW/Jeff TrailCrew Fall 2010 Participant Registration Form

Name: _____ DOB: _____

Address: _____ Unit: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Email: _____

Circle One: **Male** **Female**

Lodge Name: _____

Circle One: **O** **B** **V**

_____ Enclosed is my \$25 registration fee for the SR-7A GW/Jeff TrailCrew 2010

Make checks payable to "BSA-OA" and return to:
Stonewall Jackson Area Council • PO Box 813 • Waynesboro, VA 22980



Details on

SR-7A GW/Jeff TrailCrew Fall 2010

hosted by Shenandoah Lodge 258



When?

October 15-17, 2010

Registration begins at 5:00 pm on Friday; event ends approximately 2:00 pm on Sunday.

Where?

We will be camping at Matthews Park in Clifton Forge, VA. From there, we will travel to the work site on Saturday and Sunday mornings.

How much does it cost?

The fee for the weekend is \$25 per person which covers food (Fri. & Sat. crackerbarrels, Sat. & Sun. breakfast, Sat. & Sun. lunch, Sat. dinner), insurance, and a patch. You can sign up using the registration form enclosed. Additionally, each participant needs to complete and submit the health history form which is also enclosed.

Who can attend?

Any Arrowmen in good standing from Nawakwa, Tutelo, Shenandoah, Shenshawpotoo, Wahunsenakah, and Blue Heron lodges. We hope that all six lodges will be represented. Additional registration forms can be downloaded from www.shenandoahlodge.org.

Why?

"...to help other people at all times..." Plus, there was some trail work still to be done after Arrow-Corps5 in 2008 and section SR-7A made a commitment to help complete the trail work.

How should I pack?

Each Arrowman should plan on providing their own tent and sleeping bag. Pack as you would for a regular camping trip. We will be camping at Matthews Park in Clifton Forge, VA which does have water and bathrooms. Food for the weekend is included in the cost.

What additional tools should I bring?

Each Arrowman needs to bring work boots, leather gloves, long sleeve shirt and pants (for working) and water bottles. We recommend you bring a day pack as we will be eating lunch on Saturday and Sunday along the trail. The tool of choice is reported to be the *mattocks*, so if you have one to bring along, please do so! Additional tools and the required bump hats and eye protection will be provided.

What is our goal?

The goal of the weekend's work is to complete a section of trail for the US Forest Service. The trail has been roughed in, but the finishing work is what we will be completing.

What if I have questions?

Contact Shane Eppard at 434-825-5460 or <seppard@cfw.com>.

How do I register?

All registrations are being handled by Shenandoah Lodge (Stonewall Jackson Area Council) so that they may properly plan for food and supplies. To register, simply complete the enclosed registration form, health history form, and submit your registration fee to the Stonewall Jackson Area Council; Attn: GW/Jeff TrailCrew Fall 2010; PO Box 813; Waynesboro, VA 22980.

Class 1 Personal Health & Medical History

To be filled out **annually** by parent, guardian, or adult participant. Please print in ink.

Please include this completed form with your registration. All participants must complete a health history.

Identification:

Name _____ Date of Birth _____ Age _____ Sex _____

Name of parent or guardian _____ Telephone _____

Home address _____ City _____ State _____ Zip _____

If person named above is not available in the event of an emergency, notify

Name _____ Relationship _____ Telephone _____

Name _____ Relationship _____ Telephone _____

Name of personal physician _____ Telephone _____

Personal health/accident insurance carrier _____ Policy No. _____

Check all that apply, past or present, to your health history. Explain any "Yes" answers.

Allergies: Food, medicines, insects, plants Yes No Explain: _____

General Information:	Yes	No		Yes	No		Yes	No
ADHD (Attention-Deficit Hyperactivity Disorder)	<input type="checkbox"/>	<input type="checkbox"/>	Convulsions/seizures	<input type="checkbox"/>	<input type="checkbox"/>	Hemophilia	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
Cancer/leukemia	<input type="checkbox"/>	<input type="checkbox"/>	Heart trouble	<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>

Explain: _____

Please list ALL medications taken in the 30 days prior to arrival at the Scouting activity where this form is to be used:

List any medications to be taken at camp: _____

List any physical or behavioral conditions that may affect or limit full participation in swimming, backpacking, hiking long distances, or playing strenuous physical games: _____

List equipment needed such as wheelchair, braces, glasses, contact lenses, etc.: _____

Immunizations: (Give date of last inoculation)

Tetanus toxoid _____ Measles _____ Polio _____

Diphtheria _____ Mumps _____

Pertussis _____ Rubella _____

I give permission for full participation in BSA programs, subject to limitations noted herein.

In case of emergency, I understand that every effort will be made to contact me (if participant is an adult, my spouse or next of kin). In the event I cannot be reached, I hereby give my permission to the licensed health-care practitioner selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child (or for me, if participant is an adult).

Date _____ Signature of parent/guardian or adult _____

SR-7A GW/Jeff TrailCrew Fall 2010

Directions to Camping Area

Matthews Park
501 Alleghany Street
Clifton Forge, VA 24422

- Travel west on I-64.
- Take exit 24 (U.S. 60 Bus E/U.S. 220 Bus S) towards Clifton Forge.
- At the end of the exit ramp, turn left onto West Ridgeway Street and travel approximately $\frac{3}{4}$ of a mile.
- Turn left onto 5th Street then turn left into Alleghany Street.
- Arrive at Matthews Park located at 501 Alleghany Street.



Approximate Travel Time to Matthews Park in Clifton Forge:

From:

- Newport News: 4.25 hours
- Richmond: 3 hours
- Roanoke: 1.5 hours
- Virginia Beach: 4.75 hours
- Waynesboro: 1.5 hours
- Winchester: 2.75 hours



Shenandoah Lodge 258

Order of the Arrow • Boy Scouts of America
serving the Stonewall Jackson Area Council
PO Box 813
Waynesboro, VA 22980

NON-PROFIT ORG.
U.S. POSTAGE PAID
Permit #56
Waynesboro, VA 22980

